



**FOAMULAR®**  
Energy-Saving, Moisture-Resistant XPS Insulation

# ROADWAYS & AIRFIELDS SI UNITS

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**GEOTECHNICAL DESIGN AND INSTALL GUIDE**

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# ROADWAYS AND AIRFIELDS

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## BACKGROUND AND DESIGN VARIABLES

### Introduction

Using FOAMULAR® GEO extruded polystyrene (XPS) to limit seasonal frost penetration in fill embankments has been a long-standing application. Limiting frost penetration during freezing conditions can prevent unwanted ground movement and frost heaving caused by water molecule expansion as it freezes into ice. Furthermore, limiting frost penetration prevents freezing of underlying soils, which allows for better subgrade drainage during spring thaw. Conversely, in permafrost zones, insulation can also be used to control the thaw depth during warm ambient summer conditions, preventing an embankments underlying permafrost subgrade from thawing.

Particularly in Arctic and Subarctic environments, FOAMULAR® GEO can provide long term stability and reliability to roadways and airstrips where subgrades consist of thaw unstable permafrost. Utilizing insulation in this way can substantially reduce the amount of gravel fill required, reduce the thickness of the embankment, and ensure long-term stability. Where gravel is a scarce commodity or permafrost is very warm ( $>-1.7^{\circ}\text{C}$ ), using rigid board insulation can substantially reduce construction and maintenance costs.

Determining the amount of insulation required to adequately protect embankments depends on climatic conditions, types of soils present, and soil properties. In areas where the mean annual soil surface temperature ( $T_{\text{MASST}}$ ) is lower than  $0^{\circ}\text{C}$ , permafrost can be expected and the depth of seasonal thaw will control thermal calculations. For areas where  $T_{\text{MASST}}$  is greater than  $0^{\circ}\text{C}$ , the depth of seasonal freeze will control the thermal calculations.

There are two design philosophies used in design of insulated embankments, roadways and/or pavements. The first, Complete Protection Method (CPM), maintains the freezing/thawing isotherm within the insulation and prevents freezing/thawing below the insulation layer. The second method is the Limited Protection Method (LPM), which allows a controlled depth of freeze or thaw penetration below the insulation. LPM is often more cost effective, as it requires less insulation. LPM is intended to be used with a subbase material placed beneath the insulation equal to the calculated total depth of frost/thaw penetration, minus the thickness of the pavement, base, and insulation. Figure 1 shows an example of varying active layer depths in an embankment based on the protection method, or lack thereof. An active layer is the soil layer that freezes annually, or in permafrost situations, thaws annually.

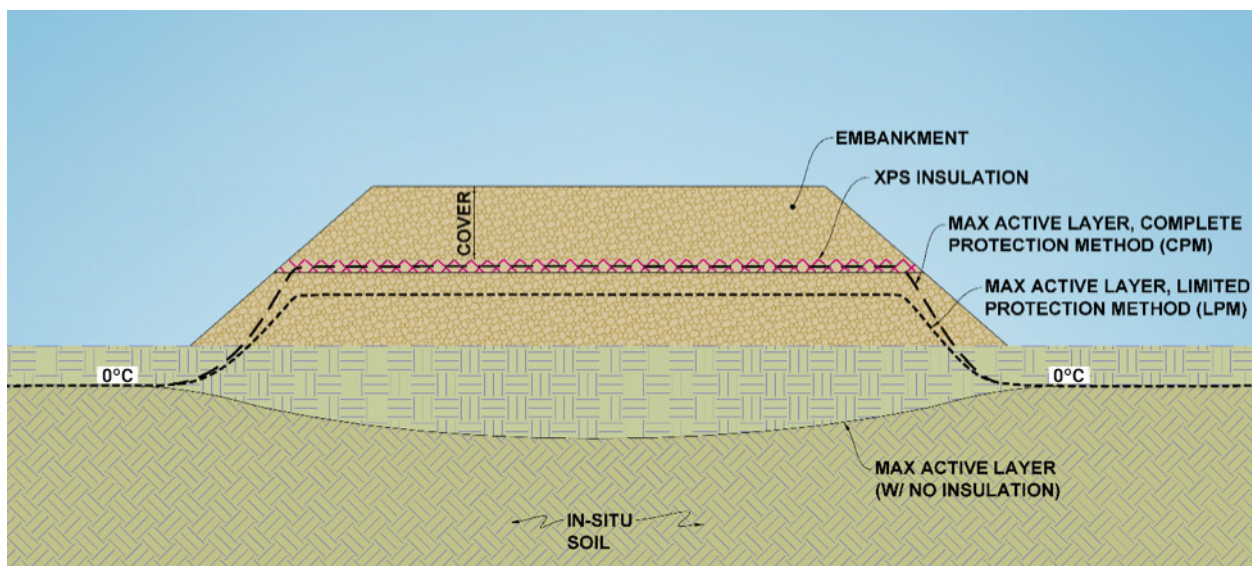


Figure 1: Active Layer Depth in an Insulated Embankment

Regardless of design philosophy, frost/thaw penetration will need to be determined. The most common method for determining frost/thaw penetration is based on the modified Berggren equation. Inputs into the modified Berggren equation include the climate conditions, such as freezing/thawing index, surface conditions, and soil thermal properties.

### Freezing Index

The freezing index (FI) is used to evaluate seasonally frozen soils. The freezing index is the summation of temperature differential below freezing ( $0^{\circ}\text{C}$ ), times the time at that temperature, summed over the course of a freezing season, expressed in degree-days (equation 1).

$$FI = \sum(-T_{\text{air}}) \cdot t$$

For example, for a given day, if the average air temperature were  $-3^{\circ}\text{C}$  for 2 days, that portion of the freezing index calculation would be given as:

$$FI = (-3^{\circ}\text{C}) \cdot 2 \text{ days} = 6^{\circ}\text{C} \cdot \text{days}$$

The accumulation of freezing degree days over a given winter is then computed, typically using daily average temperatures between the start of freeze to the start of thaw. Two values for freezing indexes are commonly found: mean and design. The mean represents the average for a particular site's freezing index. The design freezing index is typically taken to be the average of the three coldest winters in the last 30 years for a particular site. Climate data can be collected from Regional Climate Centers or similar organizations that provide climate monitoring data.

### Thawing Index

The thawing index (TI) is used to evaluate permafrost soils. The thawing index is defined as the summation of temperature differential above freezing ( $0^{\circ}\text{C}$ ), times the time at that temperature, summed over the course of a thawing season, expressed in degree-days (equation 2)

$$TI = \sum T_{\text{air}} \cdot t$$

For example, for a given day, if the average air temperature were  $7^{\circ}\text{C}$  for a day, that portion of the thawing index calculation would be given as:

$$TI = 7^{\circ}\text{C} \cdot 1 \text{ day} = 7^{\circ}\text{C} \cdot \text{days}$$

Similar to the freezing index, the accumulation of thawing degree days over a given summer is then computed, typically using daily average temperatures between the start of thaw to the start of freeze. Two values for thawing indexes are commonly found: mean and design. The mean represents the average for a particular site's thawing index. The design thawing index is typically taken as the average of the three warmest summers in the last 30 years for a particular site.

### Mean Annual Soil Surface Temperature

Following calculation of the freezing index and thawing index, the mean annual soil surface temperature,  $T_{\text{MAAST}}$ , can be calculated as follows:

$$T_{\text{MAAST}} = \frac{n_t TI - n_f FI}{365 \text{ days}}$$

### Surface n-factors

Surface conditions have a significant influence on ground temperatures at any given site. Some of the factors affecting ground temperatures include: radiation, vegetation, snow cover, ground thermal properties, surface relief, and surface and subsurface drainage. The difference between ambient air temperature and actual ground temperature is determined with the n-factor. The n-factor modifies the ambient air temperature at a particular time to reflect the actual soil surface temperature. The n-factor can be calculated for a specific site if air and ground surface temperature measurements are available.

Typical n-factors are presented in Table 1 with the subscripts f and t representing frozen and thawed conditions respectively. Selection of a specific value within the range should be based on actual "on the ground" conditions and engineering judgement.

Table 1: Typical Surface n-Factors (Andersland and Ladanyi, 2004)

MATERIAL	$n_f$	$n_t$
Snow	1.0	
Sand and Gravel	0.6 to 1.0	1.3 to 2.0
Trees and Brush Cleared Moss Over Peat Soil	0.25	0.73
Asphalt Pavement	0.29 to 1.0	1.4 to 2.3
Concrete Pavement	0.25 to 0.95	1.3 to 2.1

### Thermal Properties of Soils

The two most important thermal properties of the soil are the thermal conductivity and volumetric heat capacity. Thermal conductivity is the rate at which heat passes through a material. The volumetric heat capacity is the amount of energy required to raise a unit volume of materials 1 degree in temperature. These thermal parameters vary with temperature, soil type, water and/or ice content, degree of saturation, and soil density.

Generally, granular soils such as gravel and sands have greater freeze and thaw depths than soils with higher moisture contents, such as silts and clays. In some cases, increasing the depth of granular fill to prevent frost/thaw penetration in the native soils is impractical, and board insulation can be used to reduce the amount of fill required for frost/thaw depth control. A rule of thumb for first-order approximations is that 25-mm of insulation can be used to replace 30-cm of sand or gravel. However, this is highly dependent on the soil type, moisture content, and mean annual soil surface temperature and relying solely on this rule of thumb is not recommended.

The most common computation for thermal conductivity uses charts developed by Kersten (1949). These charts were developed for granular and cohesive soils to determine the frozen and unfrozen conductivities at various unit weights and degrees of saturation. These charts were converted to SI units (W/m·K) by Farouki (1981). The Kersten charts (Figure 2 through Figure 5) and equations 4 through 7 provide frozen and unfrozen conductivities that are reported to give values within ±25% from measured conductivities. This is generally considered sufficient for practical applications, as soil properties in the field are not homogenous. The frozen and unfrozen conductivities can be calculated using the following set of equations, where  $\rho_{dry}$  is in g/cm<sup>3</sup>:

Unfrozen fine-grained soils:

$$k_u = 0.1442(0.9 \log(w) + 0.2) \cdot 10^{0.6243\rho_{dry}}$$

Frozen fine-grained soils:

$$k_f = 0.001442(10)^{1.373\rho_{dry}} + 0.01226(10)^{0.494\rho_{dry}w}$$

Unfrozen granular soils:

$$k_u = 0.1442(0.7 \log(w) + 0.4) \cdot 10^{0.6243\rho_{dry}}$$

Frozen granular soils:

$$k_f = 0.01096(10)^{0.8116\rho_{dry}} + 0.00461(10)^{0.9115\rho_{dry}w}$$

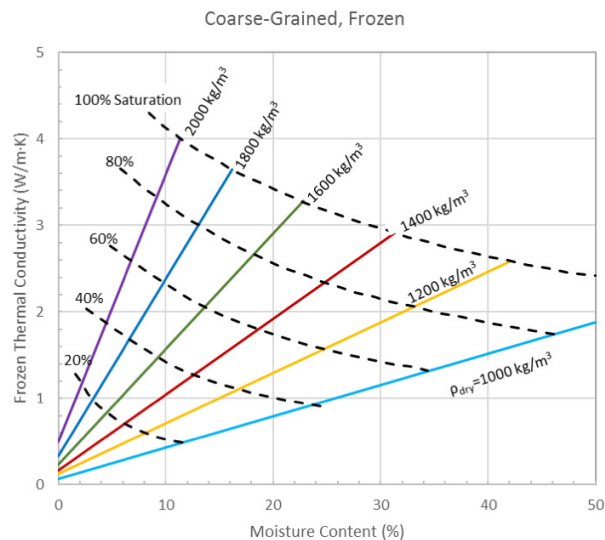


Figure 2: Frozen Conductivity for Granular Soils (from Kersten)

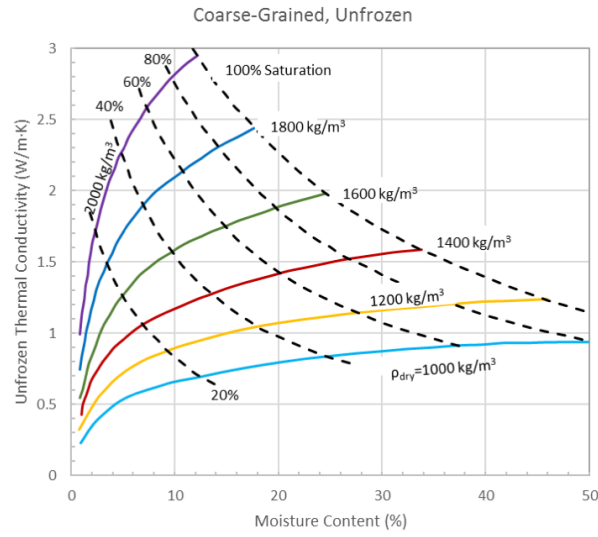


Figure 3: Unfrozen Conductivity for Granular Soils (from Kersten)

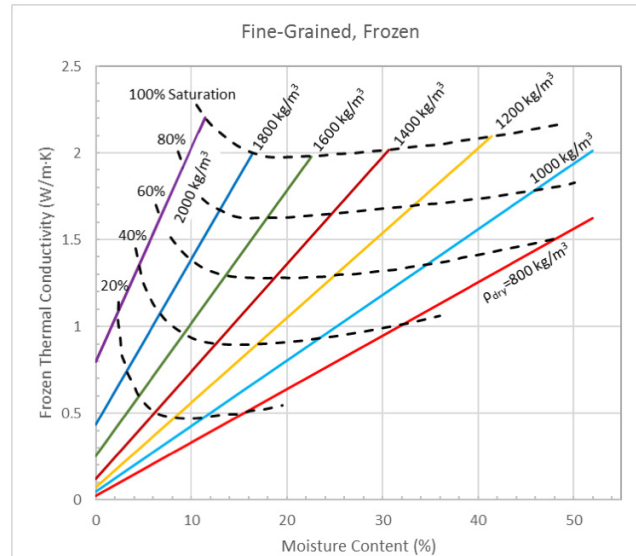


Figure 4: Frozen Conductivity for Fine-Grained Soils (from Kersten)

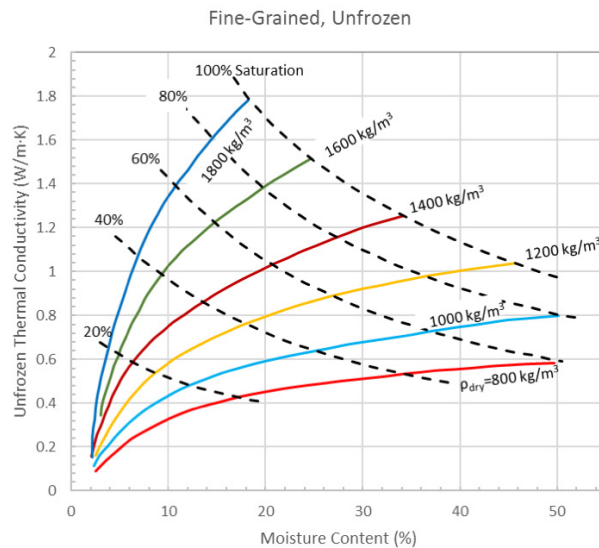


Figure 5: Unfrozen Conductivity for Fine-Grained Soils (from Kersten)

The volumetric heat capacity can be computed for mineral soils and organic soils using equations 8 and 9 respectively and is expressed in MJ/(m<sup>3</sup>·°C), where w is the water content of the soil. For organic soils, replace the 0.17 with 0.40 in both equations.

$$C_{vf} = \frac{\rho_{dry}}{\rho_w} \left( 0.17 + 1.0 * \frac{w}{100} \right) 4.187 \frac{MJ}{m^3 \cdot ^\circ C}$$

$$C_{vu} = \frac{\rho_{dry}}{\rho_w} \left[ \left( 0.17 + 1.0 * \frac{w}{100} \right) + 0.5 \left( \frac{w}{100} \right) \right] 4.187 \frac{MJ}{m^3 \cdot ^\circ C}$$

Volumetric latent heat is calculated using equation 10 and is expressed in kJ/m<sup>3</sup> where ρ<sub>dry</sub> is in kg/m<sup>3</sup>. The volumetric latent heat describes the energy required for the water-ice phase change within the soil.

$$L_v = 333.7 * \rho_{dry} * \frac{w}{100}$$

In areas with seasonal frost where insulation is used to control frost penetration, the fusion parameter μ is calculated using Equation 11, and the thermal ratio α is calculated using equation 12.

$$\mu = n_f * \frac{FI}{d_f} * \frac{C_v}{L_v}$$

$$\alpha = \frac{|T_{MASST}|}{n_f * \frac{FI}{d_f}}$$

The fusion parameter and thermal ratio are then used to determine the λ-factor from Figure 6. The λ-factor accounts for the sensible heat due to the phase change of water in non-steady state conditions.

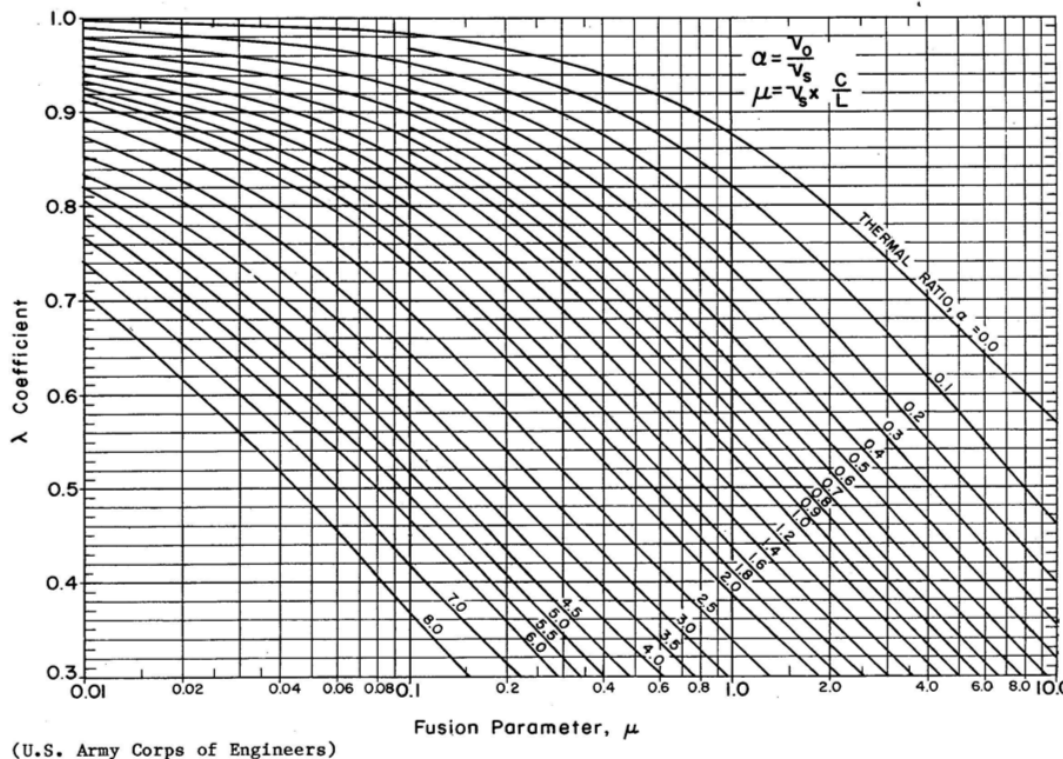


Figure 6. Chart for Determination of λ-Factor (U.S. Army Corps of Engineers)

## Frost and Thaw Depth

### Seasonal Frost Soils (non-permafrost)

The depth of freeze can be calculated using the modified Berggren equation, which uses the average thermal conductivity  $k_{avg}$  and the  $\lambda$ -factor to determine the depth of the active layer in a seasonal frost area (Equation 13) (Andersland and Ladanyi, 2004). In areas with seasonal frost, the depth of freezing equals the depth of the active layer. Note that if flowing water is present, the modified Berggren equation is likely to overpredict the depth of freeze. The equation is intended to act as a first-order approximation of active layer depth for a year with the specific freezing/thawing indexes. For long-term, detailed analysis, finite element models are suggested to determine the maximum depth of thaw over the design life of the embankment. Note that the units in the Modified Berggren equation must be consistent, and 1°C is equal to 1K.

$$x = \lambda \sqrt{\frac{2k_{avg}n_f FI}{L_v}}$$

For a system with insulation, the equivalent R-value of the soil and insulation is used and the equation becomes a quadratic that can be solved for the thickness of the active layer,  $x$  (Equation 14).

$$n_f FI * \frac{\lambda^2}{L_v} = R_{eq} x + \frac{x^2}{2k_{avg}}$$

### Permafrost Soils

In permafrost soils, the active layer is defined by the depth of thaw and the previous calculations are adjusted to use thaw parameters. This results in the following modification to the modified Berggren equation:

$$\mu = n_t * \frac{TI}{d_t} * \frac{C_v}{L_v}$$
$$\alpha = \frac{|T_{MAAST}|}{n_t * \frac{TI}{d_t}}$$
$$: = \lambda \sqrt{\frac{2k_{avg}n_t TI}{L_v}}$$

Therefore, for an insulated system in a permafrost region, the quadratic equation becomes:

$$n_t TI * \frac{\lambda^2}{L_v} = R_{eq} x + \frac{x^2}{2k_{avg}}$$

It is important to note that in permafrost soils, the modified Berggren equation may under or overestimate the thaw depth if subsurface features such as taliks are present. A talik is an area of unfrozen ground surrounded by permafrost. Similar to seasonal frost soils, finite element models are suggested for long-term, detailed analysis, to determine the maximum depth of thaw over the design life.

### Frost Depth Charts

The following chart is provided as a first-order frost depth estimate considering a site's freezing index, soil unit weight, and moisture content using  $n_f=1.0$  and  $\lambda$ -factor of 0.77. The charts assume a dry unit weight of 2000 kg/m<sup>3</sup>.



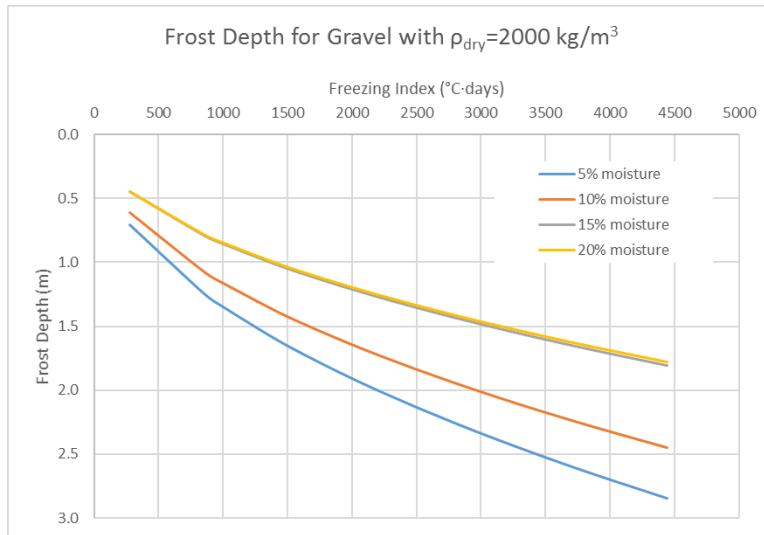


Figure 7: Frost Depth vs. Freezing Index for Gravel

## DESIGN CHARTS AND TABLES

### Frost Protection in Roads

Several design tools can be used to approximate insulation requirements. According to the US Department of the Army and Air Force (1985), the minimum amount of XPS insulation required to completely contain frost penetration at different air freezing indexes is given in Figure 8. This figure assumes 10-cm of asphalt pavement and 0.5-m of base course below the pavement with soil parameters as shown. The figure was developed using the layered procedure for the modified Berggren equation. The actual thickness of insulation required will depend on material properties and climate conditions. Owens Corning can provide further information on request.

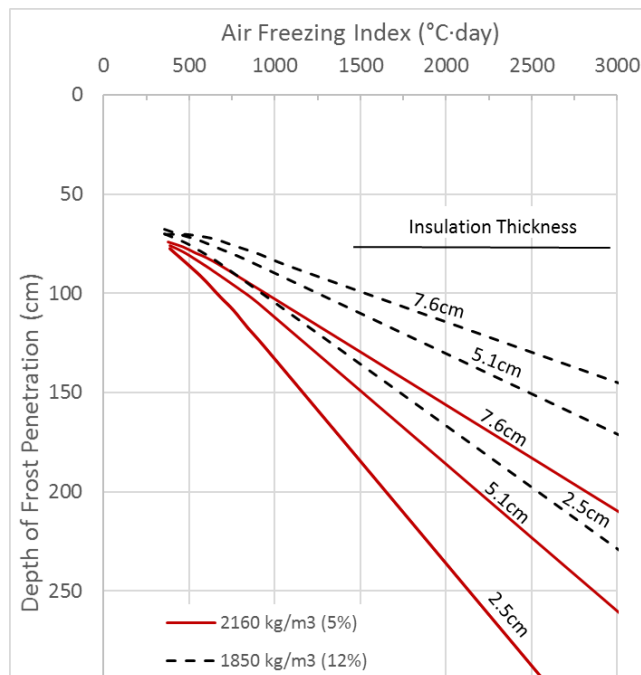


Figure 8: Minimum Insulation Thickness Related to Air Freezing Index (U.S. Department of Army)

Additionally, first-order approximations developed by Owens Corning can be used, which utilize the modified Berggren equation. Table 2 and Table 3 provide the insulation thickness approximations for CPM gravel embankments (for both non-paved and paved) in seasonal frost areas with different cover depths. For Table 2, the embankment material is assumed to be constructed of gravel with a dry unit weight of 2000 kg/m<sup>3</sup> and a moisture content of 5%. Table 3 assumes the embankment is surfaced with 100-mm of asphalt (0% moisture content for the asphalt) and constructed of gravel with a unit weight of 2200 kg/m<sup>3</sup> and a moisture content of 5%. The insulation thickness was adjusted so the depth of frost was within 15-cm of the bottom of the insulation. Site specific climate parameters (freezing and thawing indexes) should be used for actual design. Soils with higher moisture contents will require less insulation than soils with lower moisture contents.

Table 2. Insulation Thickness Recommended for CPM Gravel Roads

COVER (M)	DESIGN FREEZING INDEX (°C • DAY)*																			
	275					555					850					1125				
	MEAN ANNUAL TEMPERATURE (°C)																			
	0	1.6	2.8	3.9		0	1.6	2.8	3.9	5.6	0	1.6	2.8	3.9	5.6	0	1.6	2.8	3.9	5.6
MINIMUM INSULATION (MM)					MINIMUM INSULATION (MM)					MINIMUM INSULATION (MM)					MINIMUM INSULATION (MM)					
0.3	102	51	25	25		152	102	64	51	51	191	114	89	76	64	216	140	114	89	76
0.6	89	38	25			140	89	51	51	38	178	102	76	64	51	203	127	102	76	64
0.9	64	25				127	76	51	38	25	178	102	76	64	51	203	127	102	76	64
1.2	38					114	64	38	25		165	89	76	51	38	203	127	102	76	64
1.5	25					89	38	25			152	76	51	38	25	191	114	89	64	51
1.8						64	25				127	51	25	25		178	89	64	51	25
2.1						25					76	25				140	64	38	25	
2.4											38					102	25	25		
2.7											25					38				
3																25				

COVER (M)	DESIGN FREEZING INDEX (°C • DAY)*																			
	1400					1675					1950					2225				
	MEAN ANNUAL AIR TEMPERATURE (°C)																			
	32	35	37	39	42	32	35	37	39	42	32	35	37	39	42	32	35	37	39	42
MINIMUM INSULATION (MM)					MINIMUM INSULATION (MM)					MINIMUM INSULATION (MM)					MINIMUM INSULATION (MM)					
0.3	241	165	127	114	89	254	178	152	127	102	279	203	165	140	114	305	229	178	152	140
0.6	229	152	114	102	76	241	165	140	114	89	267	191	152	127	102	292	216	165	140	127
0.9	229	152	114	102	76	241	165	140	114	89	267	191	152	127	102	279	203	165	140	127
1.2	229	152	114	102	76	241	165	140	114	89	267	191	152	127	102	279	203	165	140	127
1.5	216	140	114	89	64	241	165	127	102	89	267	191	152	127	102	279	203	165	140	114
1.8	203	127	89	76	51	229	152	114	89	64	254	178	140	114	89	267	191	152	127	102
2.1	178	102	76	51	25	203	127	102	76	51	229	152	127	102	64	254	178	140	114	89
2.4	140	64	38	25		178	102	64	38	25	203	127	102	64	38	229	152	114	89	64
2.7	102	25	25			140	64	25	25		165	102	64	25	25	203	127	89	51	25
3	38					89	25				127	51	25			152	76	38	25	

COVER (M)	DESIGN FREEZING INDEX (°C • DAY)*																	
	2500					2780**					3330**				3890**			
	MEAN ANNUAL AIR TEMPERATURE (°C)																	
	0	1.6	2.8	3.9	5.6	0	1.6	2.8	3.9	5.6	0	1.6	2.8	3.9	0	1.6	2.8	3.9
	MINIMUM INSULATION (MM)					MINIMUM INSULATION (MM)					MINIMUM INSULATION (MM)				MINIMUM INSULATION (MM)			
0.3	305	241	203	165	140	318	241	203	178	152	330	267	229	203	356	292	254	216
0.6	292	229	191	152	127	305	229	191	165	140	330	254	216	191	356	279	241	216
0.9	292	216	178	152	127	305	229	191	165	140	318	254	216	191	343	279	241	203
1.2	292	216	178	152	127	305	229	191	165	140	318	254	216	191	343	267	241	203
1.5	292	216	178	152	127	305	229	191	165	140	318	254	216	191	343	267	241	203
1.8	279	203	178	152	127	292	216	191	165	127	318	241	216	191	343	267	241	203
2.1	279	191	165	140	102	292	216	178	152	127	318	241	203	178	330	267	229	203
2.4	254	178	140	114	76	279	191	165	127	102	305	229	191	165	318	254	216	191
2.7	229	140	114	76	51	254	165	127	102	64	279	216	165	140	305	229	191	165
3	191	102	76	38	25	216	127	102	64	25	241	178	140	102	279	203	165	140

\*Insulation thicknesses were determined with physical property values provided on product data sheets.

\*\*Freezing indexes higher than 2500 °C·day are typically associated with permafrost areas. The insulation thicknesses provided in this table are for seasonal frost areas, i.e. controlled by the depth of freezing. The larger freezing indexes will likely require less insulation than indicated by these tables.

Table 3: Insulation Thickness Recommended for Frost-Proof Roads with 10 cm of Asphalt

COVER (M)	DESIGN FREEZING INDEX (°C • DAY)																			
	275					555					850					1125				
	MEAN ANNUAL TEMPERATURE (°C)																			
	0	1.6	2.8	3.9	5.6	0	1.6	2.8	3.9	5.6	0	1.6	2.8	3.9	5.6	0	1.6	2.8	3.9	5.6
	MINIMUM INSULATION (MM)					MINIMUM INSULATION (MM)					MINIMUM INSULATION (MM)					MINIMUM INSULATION (MM)				
0.3	89	38	25			140	76	64	38	25	178	102	89	76	64	203	127	102	89	76
0.6	76	25				127	64	51	25		165	89	76	64	51	191	114	89	76	64
0.9	51					114	64	38			165	89	64	51	38	191	114	89	76	51
1.2	25					102	38	25			152	76	64	38	25	178	114	89	64	51
1.5						76	25				127	64	38	25		165	102	76	51	25
1.8						25					102	38	25			152	76	51	25	
2.1											51	25				114	38	25		
2.4											25					76	25			
2.7																25				
3																				

COVER (M)	DESIGN FREEZING INDEX (°C · DAY)																			
	1400					1675					1950					2225				
	MEAN ANNUAL AIR TEMPERATURE (°C)																			
	0	1.6	2.8	3.9	5.6	0	1.6	2.8	3.9	5.6	0	1.6	2.8	3.9	5.6	0	1.6	2.8	3.9	5.6
	MINIMUM INSULATION (MM)					MINIMUM INSULATION (MM)					MINIMUM INSULATION (MM)					MINIMUM INSULATION (MM)				
0.3	229	152	127	102	89	254	165	140	114	102	267	191	152	127	114	279	203	165	140	127
0.6	216	140	114	89	76	241	152	127	102	89	254	178	140	114	102	267	191	152	127	114
0.9	216	140	114	89	76	241	152	127	102	89	254	178	140	114	102	267	191	152	127	114
1.2	216	140	102	89	64	241	152	127	102	76	254	178	140	114	102	267	191	152	127	114
1.5	203	127	89	76	51	229	152	114	89	64	254	165	140	114	89	267	191	152	127	102
1.8	191	102	76	25	25	216	127	102	76	51	241	152	127	102	76	254	178	140	114	89
2.1	152	76	51	25		191	102	76	38	25	216	140	102	76	51	241	165	127	102	64
2.4	114	38	25			152	76	38	25		178	102	76	38	25	216	127	102	64	38
2.7	64	25				102	25	25			140	64	25	25		178	89	51	25	25
3	25					51					102	25	25			127	38	25		

COVER (M)	DESIGN FREEZING INDEX (°C · DAY)															
	2500					2780**					3330**				3890**	
	MEAN ANNUAL AIR TEMPERATURE (°C)															
	0	1.6	2.8	3.9	5.6	0	1.6	2.8	3.9	5.6	0	1.6	2.8	3.9	0	1.6
	MINIMUM INSULATION (MM)					MINIMUM INSULATION (MM)					MINIMUM INSULATION (MM)				MINIMUM INSULATION (MM)	
0.3	292	216	191	152	140	305	229	191	165	152	318	254	216	191	343	267
0.6	292	216	191	152	127	305	229	191	165	152	318	254	216	191	343	267
0.9	279	203	178	140	127	292	216	178	152	140	305	241	203	178	330	254
1.2	279	203	178	140	127	292	216	178	152	140	305	241	203	178	330	254
1.5	279	203	165	140	114	292	216	178	152	127	305	241	203	178	318	254
1.8	267	191	165	127	102	279	203	178	140	114	305	229	203	178	318	254
2.1	254	178	140	114	89	267	191	165	127	102	292	216	191	165	318	241
2.4	229	152	114	89	51	241	165	140	102	76	279	203	165	140	305	229
2.7	191	114	76	51	25	216	140	102	76	38	254	178	140	102	279	203
3	152	76	38	25		178	102	64	25	25	216	140	102	64	241	178

\*Insulation thicknesses were determined with physical property values provided on product data sheets.

\*\*Freezing indexes higher than 2500 °C·day are typically associated with permafrost areas. The insulation thicknesses provided in this table are for seasonal frost areas, i.e. controlled by the depth of freezing. The larger freezing indexes will likely require less insulation than indicated by these tables.

## Notes on FOAMULAR® GEO In-Situ Long Term Thermal Performance

When determining the actual design, thermal performance at the design life should be taken into account. Research of extruded polystyrene samples, ranging from 1 to 31 years of service in cold region civil projects, has shown that FOAMULAR® GEO will slowly absorb moisture via water vapor. Moisture absorption will degrade the insulation's thermal resistivity, which progresses over time as moisture absorption increases. Research has determined that FOAMULAR® GEO R-value degrades at a rate of -0.005 (RSI) per inch of FOAMULAR® GEO for every year in service. For example, a 2.5-cm thick layer of insulation in service for 10 years will have a reduced R-value, from 0.88 (initially) to 0.83 (10 years in service).

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## DESIGN EXAMPLE

### List of Variables

- $\mu$  – Fusion parameter
- $C_v$  – Volumetric heat capacity [ $\text{MJ}/(\text{m}^3 \cdot ^\circ\text{C})$ ]
- $d_f$  – Number of freezing days [days]
- $d_t$  – Number of thawing days [days]
- $k_{\text{avg}}$  – Average thermal conductivity [ $\text{W}/(\text{m} \cdot \text{K})$ ]
- $k_f$  – Frozen thermal conductivity [ $\text{W}/(\text{m} \cdot \text{K})$ ]
- $k_u$  – Unfrozen thermal conductivity [ $\text{W}/(\text{m} \cdot \text{K})$ ]
- $L_v$  – Volumetric latent heat [ $\text{MJ}/\text{m}^3$ ]
- $n_f$  – Surface freezing n-factor
- $n_t$  – Surface thawing n-factor
- $R_{\text{eq}}$  – Equivalent thermal resistivity [ $(\text{hr} \cdot \text{ft} \cdot ^\circ\text{F})/\text{BTU}$ ]
- FI – Freezing Index [ $^\circ\text{C} \cdot \text{day}$ ]
- TI – Thawing index [ $^\circ\text{C} \cdot \text{day}$ ]
- $T_{\text{MASST}}$  – Mean annual soil surface temperature [ $^\circ\text{C}$ ]
- $w$  – Water content of soil [%]
- $\alpha$  – Thermal ratio
- $\rho_{\text{dry}}$  – Dry density [ $\text{kg}/\text{m}^3$ ]
- $\rho_w$  – Density of water [ $\text{kg}/\text{m}^3$ ]
- $\lambda$  – Coefficient for use in modified Berggren equation
- $\nu$  – Poisson's ratio
- $z$  – Depth below foundation
- $B$  – Width of loading
- $C_d$  – Duration factor
- $F_y$  – Material yield stress
- $F_a$  – Allowable stress
- $F'_a$  – Allowable design stress
- $q_o$  – Contact pressure
- $q_z$  – Pressure at depth  $z$
- $\Delta\sigma_z$  – Maximum stress change at depth  $z$  below load
- $\sigma'_{z0}$  – Vertical effective stress in the soil due to excavation (for insulation = 0)
- $L$  – Length of applied surface load
- $P$  – Applied point load
- $I_w$  – Westergaard influence factor
- $R$  – Horizontal distance from the center of the foundation

### Example Calculation

The following example illustrates the calculation for determining the active layer using the modified Berggren equation.

Example Problem – A gravel embankment is being constructed at a site with a freezing index of 2,780°C · days and a thawing index of 800°C · days. The dry unit weight of the gravel is 2000 kg/m<sup>3</sup> and the moisture content is 5%. The number of freezing days 220 days.

Choose surface n-factors  $n_t$  and  $n_f$  for the gravel using Table 1. Then, calculate the mean annual soil surface temperature.

$$\begin{aligned} n_t &= 2.0 \\ n_f &= 0.9 \\ T_{MAAST} &= \frac{2.0 * 800^\circ\text{C} \cdot \text{days} - 0.9 * 2780^\circ\text{C} \cdot \text{days}}{365 \text{ days}} = -2.47^\circ\text{C} \end{aligned}$$

Because the mean annual soil surface temperature is less than 0°C, the equations for permafrost areas should be used.

Calculate the soil's thermal properties. Gravel is a mineral soil, so use equation 8.

$$\begin{aligned} c_v &= \frac{2000 \text{ kg/m}^3}{1000 \text{ kg/m}^3} \left( 0.17 + 1.0 * \frac{5}{100} \right) 4.187 = 1.83 \frac{\text{MJ}}{\text{m}^3\text{C}} = 1830 \frac{\text{kJ}}{\text{m}^3\text{C}} \\ L_v &= 333.7 \frac{\text{kJ}}{\text{kg}} * 2000 \frac{\text{kg}}{\text{m}^3} * \frac{5}{100} = 33370 \frac{\text{kJ}}{\text{m}^3} = 33.37 \frac{\text{MJ}}{\text{m}^3} \end{aligned}$$

Determine the average thermal conductivity using the Kersten Charts for granular soils.

$$\begin{aligned} k_u &= 2.2 \frac{\text{W}}{\text{m} \cdot \text{K}} \\ k_f &= 2.3 \frac{\text{W}}{\text{m} \cdot \text{K}} \\ k_{avg} &= \frac{2.2 \frac{\text{W}}{\text{m} \cdot \text{K}} + 2.3 \frac{\text{W}}{\text{m} \cdot \text{K}}}{2} = 2.25 \frac{\text{W}}{\text{m} \cdot \text{K}} = 0.00225 \frac{\text{kW}}{\text{m} \cdot \text{K}} \end{aligned}$$

Calculate the thermal ratio and fusion parameters and determine the  $\lambda$  coefficient.

$$\begin{aligned} \mu &= 2 * \frac{800^\circ\text{C} \cdot \text{day}}{145 \text{ days}} * \frac{1.84 \frac{\text{MJ}}{\text{m}^3\text{C}}}{33.37 \frac{\text{MJ}}{\text{m}^3}} = 0.61 \\ \alpha &= \frac{|-2.47^\circ\text{C}|}{2 * \frac{800^\circ\text{C} \cdot \text{days}}{145 \text{ days}}} = 0.22 \\ \lambda &= 0.82 \end{aligned}$$

Recall that for the Modified Berggren equation, units must be consistent, and 1°C is equal to 1K. Therefore, the depth of thaw is

$$x = 0.82 \sqrt{\frac{2 * 0.00225 \frac{\text{W}}{\text{m}^\circ\text{C}} * 2.0 * 800^\circ\text{C} \cdot \text{day} * \frac{86400 \text{ sec}}{\text{day}}}{33370 \frac{\text{kJ}}{\text{m}^3}}} = 3.54 \text{ m}$$

## **DESIGN AND CONSTRUCTION CONSIDERATIONS**

### **Differential Icing**

Differential, or surface, icing can occur on bridges and overpasses, shaded areas, locations with extreme wind exposure, or where the underlying soils undergo an abrupt change in properties.

Installing FOAMULAR® GEO insulation in an embankment alters the temperature distribution above the insulation layer, which can result in warmer or colder pavement surfaces. The increased temperature differential between adjacent insulated and uninsulated embankments can result in ice formation on one surface and not on the other when exposed to the same thermal conditions. This phenomenon is known as differential icing. Differential icing can be reduced by placing the insulation near the bottom of the embankment, which creates a larger soil mass above the insulation to act as a heat sink. Alternatively, reducing the insulation thickness decreases the temperature differential across the insulation and results in reduced icing. Consideration should be given to locating the insulation in the embankment to maximize thermal benefits (thermally, placing the insulation near the road surface decreases the active layer depth) while minimizing effects of differential icing.

Asphalt pavement surfaces have been shown to be more effective at reducing differential icing effects than a Portland concrete cement surface for pavement surfaces less than 17.8-cm thick (Arellano, 2007). Increasing the thickness of the base material (between the pavement and the insulation) will reduce the amount of differential icing by increasing the thermal mass.

Research has shown a minimum of 65-cm inches of cover over insulation is desirable to minimize differential icing (Arellano, 2007). The closer the insulation is to the pavement surface, the greater the possibility of surface icing. Cover requirements may vary by location and jurisdiction and should be confirmed prior to design and installation. For example, the Alaska Department of Transportation and Public Facilities requires a minimum of 91.5-cm of cover above insulation. Research has shown a minimum of 65 cm of cover over insulation is desirable to minimize differential icing (Arellano, 2007). The closer the insulation is to the pavement surface, the greater the possibility of surface icing. Cover requirements may vary by location and jurisdiction and should be confirmed prior to design and installation.

### **Installation**

FOAMULAR® GEO should be installed in one or two layers on a level, prepared subgrade. The subgrade below the insulation should be prepared per project specifications. In practice, a sand layer is often placed on the subgrade to ensure a level surface. This prevents bending and dimpling of the insulation board. Local and state specifications should be consulted to determine gradation, thickness and installation requirements of the sand layer.

The boards should be butted together and secured using a fastener, such as joint tape or dowel, to anchor the insulation in place. Butt-edged boards placed in layers should be overlapped in a staggered configuration to prevent board joints from aligning vertically and inducing thermal passage. Alternatively, other FOAMULAR® GEO rigid board configurations may be available, including ship-lap and tongue and groove edges, to secure the boards in place. Project specifications should be consulted to determine anchoring methods and requirements.

### **Transitions**

Transitions should be installed at the beginning and end of insulated road segments to prevent an abrupt “bump” in the pavement sections due to differences in frost/thaw penetration. Insulation thickness should be gradually reduced towards the non-insulated road section, generally one 2.5-cm thick board width at a time. For example, if 7.6-cm of insulation are being used in a roadway, a 5-cm and 2.5-cm segment should be installed prior to going into the uninsulated portion of the road. Depending on the construction and thermal resistance of the road, insulation may need to be tapered over a longer distance. The taper length should account for cross-streets, driveways, and frost forces acting on the road. Furthermore, transitions should not occur on curves or locations where users would incur high risk situations with surface ice formation, such as when the road is permanently shaded or near water.

**BEARING APPLICATIONS FOR ROADWAYS AND AIRFIELDS**  
**BACKGROUND AND DESIGN**

**Bearing Design Overview**

Rigid foam insulation installed below roadways and airfields must be evaluated for stresses due to applied surface loads. These loads may originate from construction activities, soil overburden, structural foundations, or design vehicles. The applied surface loads must be distributed through any medium that the load passes through before reaching the surface of the foam layer. This distribution results in a reduced pressure that will be seen at the surface of the insulation. In most cases this medium is soil. If additional components such as bearing plates, mats, cribbing or other means are utilized to help distribute the load, the effect of that component should be considered when determining the stress distribution and required insulation strength.

**Boussinesq Method**

Since the most common material to be placed on foam insulation is soil, the Boussinesq stress distribution method is recommended for determining the stress applied to the foam. Two common stress distribution charts for continuous (i.e. strip footing) and square (i.e. spread footing or tire pressure) surface loads are shown in Figure 9. This method is appropriate for single tire loading. Where multiple tires are involved, design needs to consider overlapping pressure distributions.

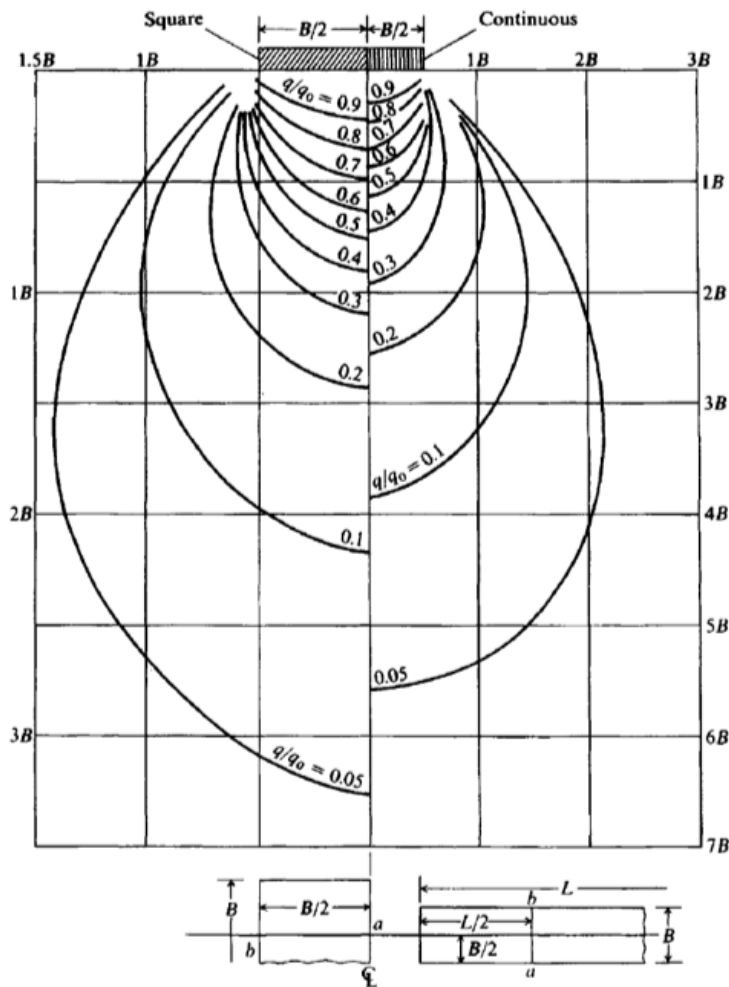


Figure 10. Boussinesq Stress Contours for Infinite and Square Loadings (after Sowers, 1979)

**2:1 Method**

For simple applications, the 2:1 Method is commonly used as a first order approximation of stress distribution. It is a reasonably accurate method for application in non-layered homogenous soils where  $1.5 < z/B < 5$ , where  $z$  is the depth below the foundation and  $B$  is the width of the loading. The 2:1 Method should not be used in the depth zone from  $z=0$  to  $B$  (i.e. near the surface) as this method under predicts the stresses in this zone (Bowles, 1996).



## PRODUCT PROPERTIES AND DESIGN FACTORS

### Compressive Strengths

FOAMULAR® GEO is rated for minimum compressive strength values based on stress-strain curves of the material recorded during testing. The minimum compressive strength should be reduced to account for safety factors and material variability and then modified for load duration to establish the final allowable design stress. For roadway and airstrip applications, cyclic loading is an additional consideration both from a strength and stiffness reduction standpoint, as well as, a permanent deformation (loss of thickness) standpoint.

FOAMULAR® GEO PRODUCT	FOAMULAR® GEO INSULATION FOUNDATION PROPERTIES									
	FOUNDATION MODULUS (kg/cm) <sup>1,2,3</sup> – THICKNESS (CM)						ALLOWABLE COMPRESSIVE STRESS (kPa) <sup>4</sup>			
	2.5	3.8	5.1	6.4	7.6	10.2	Impact <sup>5</sup> Load	Short Term <sup>5</sup> Load	Medium Term <sup>5</sup> Load	Long Term <sup>5</sup> Load
40	30.5	27.7	24.9	21.6	18.8	18.0	414	207	138	69
60	42.1	38.8	35.3	31.8	28.8	21.9	621	310	207	103
100			72.0				1034	517	345	172

1. Foundation modulus is a measure of deflection at given loads, expressed as centimeters deflection per cm of thickness or "kg/cm<sup>2</sup>".

2. For insulation installed in multiple layers, assuming the layers are identical, the foundation modulus for the system equals the foundation modulus for one of the layers divided by the total number of layers.

3. For insulation systems that utilize a variety of thicknesses, the system foundation modulus is determined by adding the reciprocal of the foundation modulus of the individual layers. The total is the reciprocal value for the foundation modulus of the entire system.

4. Allowable compressive stress, Fa, is the minimum compressive stress, Fc, divided by the factor of safety. Values shown include a 2.0 factor of safety.

5. Load duration corrected allowable compressive stresses, i.e. allowable design stresses, are determined by multiplying the allowable compressive stress, Fa, by the loading duration factor, Cd. For each load configuration, utilize the largest duration factor associated with that load configuration when determining the allowable design stress. Cd values are as follows: 3.0 for Impact, 1.5 for Short Term, 1.0 for Medium Term, and 0.5 for Long Term.

### Cyclic Loading

For applications involving numerous load cycles such as roadways and airstrips or overloading, cyclic loading and overloading material behavior is an important consideration. To determine the effects of cyclic and overloading on FOAMULAR® GEO products, cyclic testing was performed. The effects measured included initial and final material thickness and stiffness of the foam. At loading less than the published minimum compressive strength (loads < Fc), a linear relationship (elastic response) was observed and no loss of effective thickness or stiffness was observed.

In general, the initial overload cycle (load > Fc), showed an elasto-plastic behavior. Subsequent loading showed a strain hardening behavior with cumulative deformation between cycles decreasing with each cycle, converging on a multicycle accumulated strain thickness reduction of approximately 30% (70% remaining) of the original section thickness.

Based on the cyclic load tests, FOAMULAR® GEO can exceed the published minimum compressive strength values with no loss of ultimate strength of the material. When calculating thermal resistance of the material, it is recommended that an effective thickness reduction be taken into consideration where pressures are expected to exceed the published minimum compressive strength of the insulation. This thickness reduction factor should be a minimum of 0.7 (i.e. 30% thickness reduction) for purposes of calculating the effective thermal resistance provided. Where stresses are intended to be less than the published minimum compressive strength, the full thickness of the board can be used.

### Factor of Safety

The factor of safety used for calculation of allowable stress in the material should be taken as 2.0. In other words, the allowable stress (Fa) is half of the published minimum compressive strength value (i.e. Fc/2). This is then corrected by use of the duration factor (Cd) to provide the allowable design stress, F'a.

### Loading Duration and Factors

FOAMULAR® GEO allowable strengths are a function of the applied load durations. Longer term loads can produce creep deformations in the material, reducing the effective thermal resistance and allowing larger deformations than may be desirable in design. In cases where load application is relatively continuous, such as dead load (DL), allowable stresses must be reduced to prevent creep of the material. Creep is addressed by use of a duration factor (Cd) that increases inversely with the load duration. For design application, apply the largest duration factor associated with each load configuration. For example, if insulation capacity is being checked for a dead load and an impact load configuration, use the impact load duration factor. When checking the same insulation for a dead load configuration, use the long term load duration factor. The following are recommended duration factors for loads applied to the FOAMULAR® GEO product line. For other product lines consult with Owens Corning technical staff to determine appropriate values.

$$\text{for } DL + LL_{\text{impact}} \text{ use } \frac{3.0(Cd) \times Fc}{2.0(FS)} = F'c$$

$$\text{for } DL + LL_{\text{building}} \text{ use } \frac{1.0(Cd) \times Fc}{2.0(FS)} = F'c$$

**Impact Load/Extreme Load: 3.0**

Loads less than 10 seconds in duration or extreme load events of very short duration. These include wind loads, seismic loads, oversized vehicle loads (i.e. AASHTO Strength II vehicles) and other extreme events.

**Short Term Load: 1.5**

Loads less than 10 minutes in duration. These include standard vehicle loads (i.e. AASHTO Strength I vehicles), standard aircraft loads and other typical loads of short duration. This is the standard duration factor for use in roadway and airstrip design.

**Medium Term Load: 1.0**

Loads less than 10 years in duration. These include standard structural live loads (LL) as would be found in building design, wear courses for roadways and similar medium-term loading situations. This is the standard duration factor for building loads.

**Long Term Load: 0.5**

Permanent loads. This includes dead loads (DL) such as soil overburden, structural self-weight and other very long-term loads. Note: This factor only applies to permanent loads (i.e. DL only) it does not apply to load configurations that may include shorter term elements (i.e. DL+LL).

**EXAMPLE APPLICATIONS**

The following examples illustrate the calculation method for both applied load and allowable resistance using first the Boussinesq Method and comparing that with the 2:1 Method. As a note, this example is presented at the shallow extreme of the useful range for the 2:1 Method, which serves to illustrate some of its limitations.

**Tire Example – Boussinesq Method**

Calculate the pressure on a rigid insulation layer placed in a roadway embankment 1 meter below a large tire with a 0.25 m<sup>2</sup> contact area and a tire pressure of 965 kPa. Soil unit weight is 2000 kg/m<sup>3</sup>. Extreme load case.

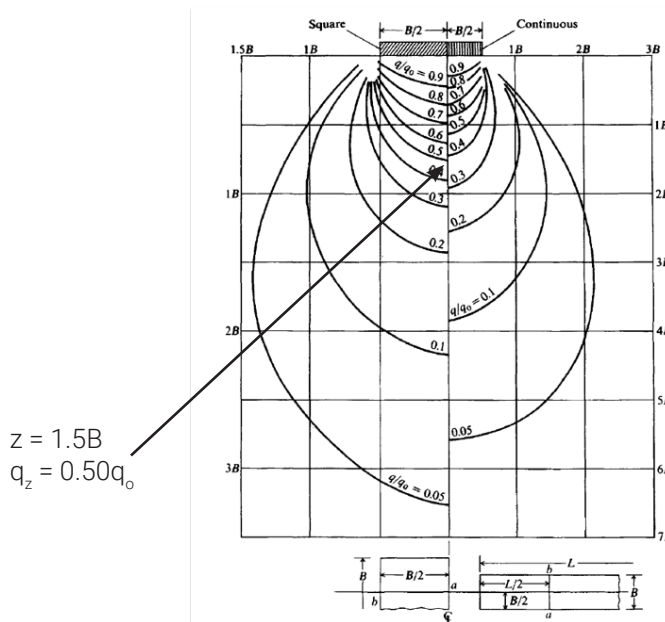


Figure 11. Boussinesq Stress Contours for Infinite and Square Loadings (after Sowers, 1979)

### Load Calculation

$$B = 0.5 \text{ m}$$

$$q_o = 965 \text{ kPa}$$

$$z = 1 \text{ m} = 2B$$

$$q_z = 0.5q_o = 0.5 \cdot 965 \text{ kPa} = 482.5 \text{ kPa}$$

$$q_{total} = q_z + z \cdot \gamma = 482.5 \text{ kPa} + 1\text{m} \cdot 2000 \frac{\text{kg}}{\text{m}^3} \cdot \left( \frac{\text{kPa}}{101.94 \frac{\text{kg}}{\text{m}^2}} \right) = 502 \text{ kPa}$$

Use 502 kPa for service load design pressure

### Allowable Stress Calculation

$$F'_a = C_d F_a$$

$C_d = 3.0$  (duration factor, 3.0 for 10 second [impact] load application or extreme loading)

$$F_a = 0.5F_c = 0.5 \cdot 414 \text{ kPa} = 207 \text{ kPa for FOAMULAR}^\circledR \text{ GEO 60}$$

$$F'_a = 3 \cdot 207 \text{ kPa} = 621 \text{ kPa}$$

$$\frac{q_{total}}{F'_a} < 1 \text{ OK}$$

### Tire Example-2:1 Method:

Calculate the pressure on a rigid insulation layer placed in a roadway embankment 1 meter below a large tire with a 0.25 m<sup>2</sup> contact area and a tire pressure of 965 kPa. Soil unit weight is 2000 kg/m<sup>3</sup>. Extreme Load case.

### Load Calculation

$$B = 0.5 \text{ m}$$

$$q_o = 965 \text{ kPa}$$

$$A_o = 0.5\text{m} \cdot 0.5\text{m} = 0.25\text{m}^2$$

$$A_z = 1.5\text{m} \cdot 1.5\text{m} = 2.25\text{m}^2$$

$$q_z = 0.25\text{m}^2 / 0.25\text{m}^2 \cdot 965 \text{ kPa} = 107.2 \text{ kPa}$$

$$q_{total} = 107.2 \text{ kPa} + 1\text{m} \cdot 2000\text{kg}/\text{m}^3 \cdot (\text{kPa}/101.97\text{kg}/\text{m}^2) = 126.8 \text{ kPa} - \text{Note unconservative result}$$

Use Boussinesq Method – 502 kPa for service load design pressure

### Allowable Stress Calculation

$$F'_a = C_d F_a$$

$C_d = 3.0$  (duration factor, 3.0 for 10 second [impact] load application or extreme loading)

$$F_a = 0.5F_c = 0.5 \cdot 414 = 207 \text{ kPa for FOAMULAR}^\circledR \text{ GEO 60}$$

$$F'_a = 3 \cdot 207 \text{ kPa} = 621 \text{ kPa}$$

$$q_{total}/F'_a < 1 \text{ OK}$$

### Additional Methods

- Direct Stress Calculation – For direct calculation of the maximum stress at a given depth beneath the center of the applied load, the Boussinesq solution can be simplified to the following set of equations (Coduto, 2001). These equations produce results within 5% of the Boussinesq equations developed by Poulos and Davis (1974).

$$\Delta\sigma_z = \left[ 1 - \left( \frac{1}{\left(1 + \left(\frac{B}{2z}\right)^2\right)^{1.5}} \right) \right] (q - \sigma'_{zD}) \quad \text{Circular foundation}$$

$$\Delta\sigma_z = \left[ 1 - \left( \frac{1}{\left(1 + \left(\frac{B}{2z}\right)^2\right)^{1.76}} \right) \right] (q - \sigma'_{zD}) \quad \text{Square foundation}$$

$$\Delta\sigma_z = \left[ 1 - \left( \frac{1}{\left(1 + \left(\frac{B}{2z}\right)^2\right)^{2.60}} \right) \right] (q - \sigma'_{zD}) \quad \text{Continuous foundation}$$

$$\Delta\sigma_z = \left[ 1 - \left( \frac{1}{\left(1 + \left(\frac{B}{2z}\right)^{1.38 + 0.62B/L}\right)^{2.60 - 0.84B/L}} \right) \right] (q - \sigma'_{zD}) \quad \text{Rectangular foundation}$$

#### Where:

$q$  = applied surface pressure (i.e. footing bearing pressure)

$\sigma'_{zD}$  = vertical effective stress in the soil due to any excavation (for insulation = 0)

$B$  = base width of applied surface load

$L$  = length of applied surface load

$z$  = depth below surface

#### Multiple Soil Layers

Insulation within embankments should be thought of as a layered system. Generally speaking, if the stiffness of the underlying layer is less than the stiffness of the upper layer (Eupper > Elower), the induced stresses are less than the Boussinesq values. Conversely, if the stiffness of the upper layer is less than the stiffness of the underlying layer (Eupper < Elower), the induced stresses are greater than the Boussinesq values. Usually, the stiffness of insulation is less than the soil stiffness, so the actual induced stresses below the insulation are smaller than the stresses determined using the Boussinesq charts so use of the Boussinesq values would be a conservative method for establishing design pressures.

The Boussinesq method gives increasingly large errors as the difference between the soil layer stiffness increases (Hazzard, 2007, McCarthy, 1998). The Westergaard Method provides a more accurate stress distribution for calculation of soil stresses in layered systems, such as highways with thicker or more rigid pavements, embankments founded on soft soils or subgrades with distinct layering (i.e. gravel layer on clay or vice versa). The Westergaard solution can be written in terms of an influence factor  $I_w$  where  $P$  is an applied point load and  $r$  is the horizontal distance from the center of the foundation (equation 19).

$$\Delta\sigma_z = \frac{P}{z^2 \pi \left[ 1 + 2 \left( \frac{r}{z} \right)^2 \right]^{\frac{3}{2}}} = \frac{P}{z^2} I_w$$

The Westergaard influence factor is a function of Poisson's ratio. Influence factors for several Poisson's ratios are given in Table 4.

Table 4. Westergaard Influence Factors

R/Z	V = 0	V = 0.3	v = 0.49
	INFLUENCE FACTOR $L_w$		
0.0	0.32	0.56	8.04
0.2	0.28	0.46	1.53
0.5	0.17	0.22	0.16
1.0	0.06	0.06	0.02
2.0	0.01	0.01	0.00

Where layered soil conditions and elements of varying stiffness must be considered, a geotechnical engineer with knowledge of the Owens Corning product line should be consulted.

## FINAL NOTES

FOAMULAR® GEO can provide long term stability and reliability to roadways and airstrips in remote applications or any environment where heat flow into the ground must be minimized. In many cases where gravel sources are distant or inaccessible or required gravel thickness is excessive, use of this product can be highly beneficial in reducing cost of construction and maintenance. We encourage consultation with Owens Corning technical staff, and/or geotechnical engineers familiar with the products and their applications, when researching the use and benefits of insulation in roadway or airstrip embankment design.

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Pub. No. 10023478. Printed in U.S.A. May 2019.

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